How Does Alcohol Affect You?

- You see double, slur your speech, you lose your sense of distance.
- Alcohol loosens your inhibitions; you make bad judgments that can result in car crashes, violence, unwanted pregnancy, sexual transmission of diseases, or rape.
- A significant portion of violent crimes and vandalism among and by youth involve use of alcohol.
- Using alcohol can cost you your freedom. You can be removed from housing/campus, lose your driver's license, or end up in jail.
- You can get sick or die from alcohol poisoning.
- Poor grades may be a result of increased use of alcohol.